

A Few of My Favorite  
**PSALMS**

**Psalm 121**

Psalm 120-134 are the Songs of Ascent to be sung by the people of Israel as they ascend the hills toward Jerusalem to celebrate the feasts of the Old Testament. Psalm 121 in particular is the song where God's people ask for protection on their journey to Jerusalem. This song can also encourage us today as we seek God's protection every day on our journey through this world.

**The Way to Protection**

**Depend on the \_\_\_\_\_ of the LORD  
as the \_\_\_\_\_.**

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**\_\_\_\_\_ the LORD and pray for Him  
to \_\_\_\_\_ each step.**

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**Discover God's protection  
in every \_\_\_\_\_ and \_\_\_\_\_.**

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**The Way to Protection**

**Getting Started**

1. What's your favorite Dr. Seuss book?
2. What's your favorite road trip activity?

**Digging Deeper**

*Psalm 120-122 could be seen as a trilogy of songs. 120 is the longing to leave for Jerusalem. 121 is the journey to Zion. 122 comes at the completion of the journey.*

3. Read Psalm 120. What do the people of Israel hope to find in Jerusalem?
4. Read Psalm 122. What does the Psalmist want us to pray for in regards to Jerusalem?
5. One of the most common uses of "keep or protect" in the OT is the gardener watching over his fields. How is God like a gardener or farmer in His care for us?
6. How does the LORD protect the lives or souls of His people (Psalm 121:7)?

**Living It Out**

7. What do you most anticipate about Christian holiday celebrations?
8. What are the most common hindrances today that keep you from the seeking the LORD on a daily basis?
9. What's your favorite holiday song (Easter or Christmas)?