

A Few of My Favorite PSALMS

Psalm 46

There are so many different situations and trials that bring fear into our hearts and rob us of peace. The Psalmist hits on three of the most common drivers of fear in our lives, and he shows us how God can provide us with peace even in the middle of the storms of darkness in this world.

**We find peace in _____ when we see how
God is always prepared as our _____.**

**We find peace in _____ when we see how
God provides help at the perfect _____.**

**We find peace in _____ when
we see how God has delivered in the _____.**

The Way to Peace

Getting Started

1. Have you ever been in an earthquake when you could feel the ground shake? How did it make you feel?
2. Do you have an established place to go when a hurricane is heading toward New Orleans?

Digging Deeper

3. Both the mountains (46:3) and nations (46:6) tremble before the LORD. Why do they shake before God?
4. Read Psalm 20:7. What do people trust in today in order to calm their fears and find peace?
5. In Psalm 46:4, God 'tabernacles' with His people. In John 1:14, the Word 'tabernacles' with His people. How is Jesus the ultimate fulfillment of Psalm 46:4?
6. What past works of the LORD in your life, church history, or the Bible are the greatest source of encouragement to you when you are afraid?

Living It Out

7. How could we help other people in our church to not be as anxious while a hurricane is approaching our area?
8. How can we wait on the Lord in silence today?
9. How can we help to carry or remove the burdens of other believers that God did not intend for them to carry?