

A Few of My Favorite  
**PSALMS**

**Psalm 37**

Many Christians are losing their struggle with anger, fear, and envy during this time of pandemic. Social isolation tends to bring out the worst in our hearts and minds as we stew in anger over the actions of others. David, in Psalm 37, teaches us how to win the battle with our anger and find delight in the Lord our God.

**The Way to Delight**

**Live \_\_\_\_\_ and trust God with the outcome**

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**\_\_\_\_\_ the things of God, because  
these will always be \_\_\_\_\_**

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**Pass your \_\_\_\_\_ off to God,  
because He will be \_\_\_\_\_ in the end**

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**\_\_\_\_\_ to God and  
fix your eyes on His \_\_\_\_\_**

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**The Way to Delight**

**Getting Started**

1. When you were a kid what made you think another family was rich?
2. Do you have a book you read or movie you have seen in 2020 that you would recommend to the group?

**Digging Deeper**

3. Read Psalm 37:16-17. Why is it better to have little in the household of the righteous?
4. Read Psalm 37:21-22. How will the LORD reward those who are generous in this life?
5. Read Psalm 37:30-33. How can we become people of wisdom and justice in our words?
6. Read Psalm 37:39-40. The righteous will hold onto the Lord as their stronghold. Where does the world look for strongholds?

**Living It Out**

7. Where or when do you feel like you delight the most in the Lord?
8. How can we wait on the Lord in silence today?
9. How can we help to carry or remove the burdens of other believers that God did not intend for them to carry?