

A Few of My Favorite
PSALMS

Psalm 1

Psalm 1 was written as the preface to the Psalms. This poem was not meant as song of worship but as a song to lead us into the right spirit of worship. The wisdom found in Psalm 1 can guide God's people into a heart of worship today regardless of the current circumstances of our lives or the world at large.

**A Heart of Worship comes from not _____
one's _____ with the world.**

**A Heart of Worship comes from a joyful
_____ of God's Word**

**A Heart of Worship comes with _____
and _____.**

**A Heart of Worship comes from _____
in our _____ destiny.**

The Heart of Worship

Getting Started

1. Do you read or skip the preface once you start reading a new book?
2. Do you have a favorite 90s praise song? If so, what is it?

Digging Deeper

3. Read Jeremiah 17:5-10. What is the dividing line between the cursed life and the blessed life?
4. Who is the only person who can judge the hearts and minds of people? What does this teach us about blessing?
5. Read Joshua 1:8. How does Psalm 1 and Joshua 1:8 relate to leadership in the church and the world?
6. Psalm 1 foreshadows the coming Messiah. What can we learn about the Christ in this poem?

Living It Out

7. How does the world try to direct the thinking and actions of God's people?
8. Do you have any advice on how we can all improve in our ability to repeat God's Word throughout the day?
9. Let's send out some more encouraging text messages this week chosen as random from the directory!